

Intentional JOY

**Systematic frequency-raising for optimal experience
and authentic power**

with **JULIA ROGERS HAMRICK**

Thursday, May 4, 2006 *Lecture and Booksigning*

Joy is the incentive built into the Divine Design that assures we will want to rise out of the “miserable matrix,” back to the vibrational level at which we were designed to thrive. While we have assumed that joy is an elusive experience that happens only when circumstances magically arrange themselves, there is actually a system for experiencing joy, and when you work that system, joy, and all the magic that comes along with it, is the only possible outcome!

Purposefully intending joy, and knowing how to navigate the path between where you are vibrationally and the frequency level where joy manifests in your experience, is not only the key to feeling sublime, but to health, abundance, wisdom, and authentic power. Julia, who credits her practice of intentional joy with vastly accelerating her ascent toward Self-realization, will share her unique insights on the Divine Design and the role of joy in driving the ascension of the individual, of humanity, and of Planet Earth. **6:30-9:00 pm at Blessings** 823 Reynolda Rd across from Hanes Park, **\$11** (suggested energy exchange) Julia’s book, **Recreating Eden**, as well as audio CDs of some of her seminars, will be for sale and Julia will sign books after the talk.

Sunday, May 7, 2006 *Afternoon Intensive*

Learn the sure-fire system for getting to the “joy space,” as well as ways to increase your capacity for staying there. In this very full—and joy-filled—afternoon, we will work with the “The Joy Formula,” discuss strategies for transcending ego resistance, and practice frequency-raising techniques that will empower you to ascend the frequency ladder to joy and beyond! **1:00-5:00 Winston-Salem** (at a private home near WFU—directions provided when reservations made). **\$44** if paid by May 4, **\$55** after May 4. Reservations and pre-payment strongly encouraged to guarantee your place—space very limited. For reservations or more information, contact Britt at 336-765-8989 or by email: brittmit@bellsouth.net. Visa, Mastercard accepted. For credit card payments prior to May 7, please pay online at <http://www.recreating-eden.com/events.html>, or call New Realities Publishing at 303-757-1509, or pay in person at the lecture on May 4 if there are still openings..

Monday afternoon, May 8, 2006 *Private Consultations*

A session with Julia may include a number of modalities depending on what your Spirit is calling for. From channeling Higher Wisdom, to energy attunements, Julia will provide what she is divinely guided to. Feel free to bring special questions or concerns. Contact Britt at 336-765-8989 or by email at brittmit@bellsouth.net for an appointment (appt. required). **\$44** (30 minutes) or **\$77** (one hour) Visa, Mastercard accepted. At private home in Winston-Salem near WFU. Directions provided when appointment is made.



JULIA ROGERS HAMRICK is a visionary author and lively spiritual teacher with an exciting and unique message about the relationship between vibrational frequency and experience. An intuitive counselor, energy healer, and native of North Carolina, currently living in Denver, Colorado, Julia is author of **Recreating Eden: The Exquisitely Simple, Divinely Ordained Plan for Transforming Your Life and Your Planet**. For more on Julia, *Recreating Eden*, insightful articles on radiant living, and to be eligible for Julia’s free monthly teleseminars, visit:

www.recreating-eden.com